

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
	9:30-10:30 (R) Rücken-Gymnastik ★ Susanne	9:00-10:15 Gymnastik mit Pilates ★★ Susanne	8:30-9:30 Body Toning ★★ Susanne	9:15-10:15 Fit ab 60 ★ Susanne	9:30-11:00 Showgruppe "Couture Crew" Lorena + Emma
			9:30-10:30 Pilates ★ Susanne	14:00-15:00 Kreativer Kindertanz (4-6 Jahre)★ Susanne	
		14:30-15:30 Hip-Hop (Kids 1) ★ Thanh		15:00-16:00 Kreativer Kindertanz Pre Hip Hop (6-8 Jahre)★ Susanne	
		15:30-16:30 Hip-Hop (Kids 2) ★ Thanh	16:00-17:00 Hip Hop (Kids) ★ Kim	16:00-17:00 Hip-Hop (Kids) ★ Kim	
	17:30-18:30 Showgruppe "MiniBisKidz" Ivanna		17:00-18:00 Hip-Hop (Teens) ★ Luca	17:10-18:10 Jazzdance ★ Yera	
18:00-19:00 Yoga ★ Mona	18:45-19:45 Hip-Hip (Kids) ★★ Wittha	18:00-19:00 Pilates ★★ Susanne	19:15-20:15 Pilates ★ Susanne	18:15-19:15 Hip-Hop (Teens) ★★ Luca	★ Niveau 1 ★★ Niveau 2 ★★★ Niveau 3 (A) Im Aufbau (R) Reinach
19:15-20:15 Pilates ★ Susanne	19:45-20:45 Hip-Hop ★★★ Wittha		20:15-21:15(A) Mami Hip Hop ★ Ivanna	19:15-20:15 Hip Hop (Adults) ★★ Ivanna	